

UKUQONDISISA IZIFO

Yenzelwe ukusetyenziswa neevidiyoz eziyimfundiso ezinokudawunlowdwa apha: www.sidewalkspecials.org/education

1

Kumele wenze ntoni xa ubona ukubainja yakho inee ticks okanye iifleas okanye ilahlekelwa buboya bayo?



YISE KWIKLINIKHI YEZILWANYANA NGOKO NANGOKO.



LINDA IVEKI ENYE OKANYE EZIMBINI UBONE UKUBA IBA NGCONO NA.



BOPHELELA IBALLOON APHA ENYANYENI YAYO UKUGXOTHA INCUKUTHU.

2

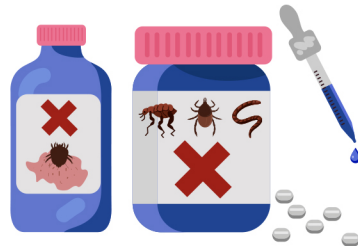
Yinyaniso okanye bubuxoki?



UKUGALELA IALOE VERA EMANZINI OKUSELA ENJA YAKHO KUZAKUBULALA INCUKUTHU KUZE KWENZE UBOYA BENJA YAKHO BUBE BUHLE.

YINYANISO

BUBUXOKI



UDINGA AMAYEZA ALUNGELE UKUBULALA INCUKUTHU AFUMANeka KWIKLINIKHI YEZILWANYANA.

YINYANISO

BUBUXOKI



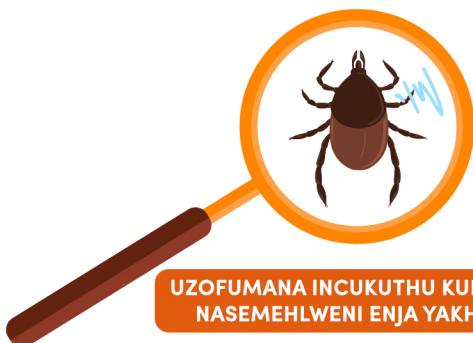
XA UTHAMBISA INJA YAKHO NGE OLI YEMOTO LONTO IYAKUPHILILSA ZONKE IINGXAKI ZESI KHUMBA SAYO.

YINYANISO

BUBUXOKI

3

Yenza isangqa kozo zonke iimpawu zefiva zokulunywa incukuthu.



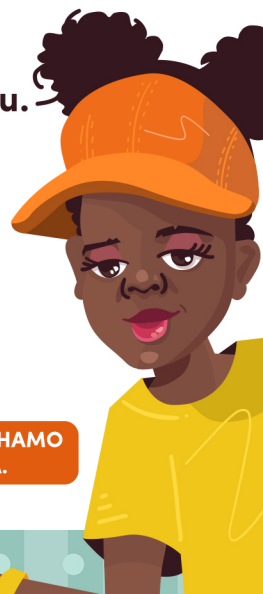
UZOFUMANA INCUKUTHU KUBOYA NASEMEHLWENI ENJA YAKHO.



INJA YAKHO AYIZOKUFUNA UKUTYA KWAYE IZOKUBA NE LETHARGIC.



INJA YAKHO IZAKUBA NOMCHAMO ONOMBALA OLUHLAZA.



4

Wenza kanjani ukuqinisekisa ukubainja yakho ihlala ingenatshulube?



BOPHELELA IGQABI ELTSHA
EMSILENI WENJA YAKHO
UKUGXOTHA IINTSHULUBE.



KHUPHA IINTSHULUBE ENJENI
YAKHO RHOQO NGEPIILISI
EZIFUMANENKA KWIKLINIKHI
YEZILWANYANA.



COCA INDAWO EHLALA INJA
YAKHO YONKE IMIHILA.

5

Yenza isangqa kwesona sizathu esenza ukubainja ilahlekelwe
buboya bayo xa ine i-mange. Uze uqhakamshelanise unyango oluyilungeleyo.



I 'MANGE' YINCUKUTHU ENCINCI
EHLALA NEPHILA NGOKUTYA
ESIKHUMBENI.



I 'MANGE' KUXA INJA IZONWAYA
UBOYA BAYO UKUZIPHOLISA.



I 'MANGE' KUXA UBOYA BENJA
BUSIWA NGENXA YEEALLERGIES.

COCA INDLU YENJA YAKHO
KAKUHLE.



FUMANA IIPILISI EKUZIZO, AMAQABAZA OKANYE
ISHAMPOO KWIKLINIKHI YEZILWANYANA.



THAMBISA IOLI YEMOTO
UKUPHOLISA ISIKHUMBA.



6

Yenza isangqa kwindlela ebalulekileyo yokukhuselainja yakho kwizifo.



BOPHELELA INJA YAKHO EKHAYA.



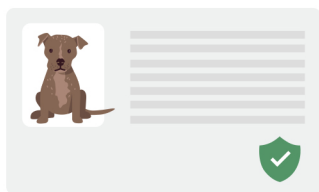
HLAMBA INJA YAKHO NGESEPHU YONKE IMIHLA.



QINISEKISA UKUBA UHLALA USEXESHENI NEMIGONYO.

7

Uyilandeleda kanjani into yokubainja yakho ihlala isexesheni nemigonyo yayo?



QINISEKISA UKUBA IKHADI LENJA YAKHO LIHLALA LISEXESHENI.



YIPHAWULE KWIKHALENDAYAKHO UKUZE UNGAYILIBALI.



YENZA ZOMBINI.

8

Dibanisa iimpawu ekuzizo kwezi zifo zilandelayo.



iLETHARGIC
UKUPHELELWA NGUMDLA WOKUTYA
IGAZI KWILINDLE
UKUGABHA

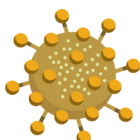


UKUKHOHLELA
UKUXHUZULA
IMIFINYA
UKUGABHA
UTYATYAZO

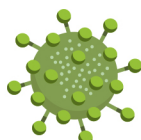


UKUKHUBAZEKA
UKUVUZA IZINKCWE
ISILONDA

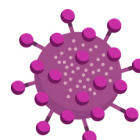
iDISTEMPER



iPARVOVIRUS



iRABIES



9

Umainja yakho iseyithole iParvovirus, lo mkhuhlane uhlala isikhathi eside kangakanani noma kumele ijaridi yakho ihlale ingenanji isikhathi esingakanani?

linyanga ezimbini

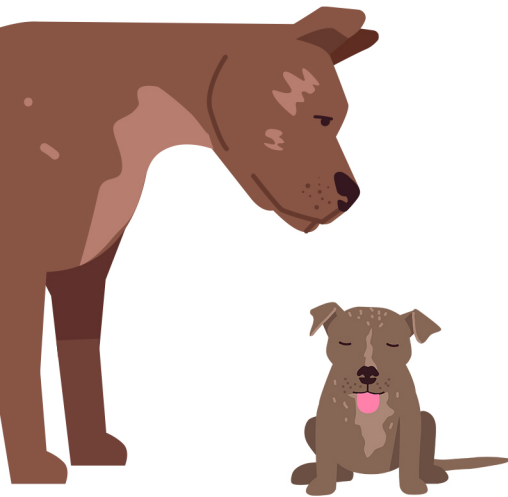
lintsuku ezintathu

Izinyanga eziyisithupha



10

Yinyaniso okanye bubuxoki?



KUKHUSELEKILE UKUBA EZINYE IZINJA ZIZOKUBUTHELA INJA YAKHO NGETHUBA ISAGULA.

YINYANISO

BUBUXOKI



XA INJA YAKHO IGULA, KHAWULEZISA UXELELE UMNTU OMDALA ONENKATHALO.

YINYANISO

BUBUXOKI



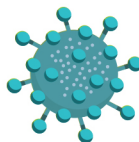
IIRABIES ZIYINGOZI EBANTWINI NASEZINJENI.

YINYANISO

BUBUXOKI

11

Dibanisa iTVT (Transmissible Venereal Tumour) kunye nengcaciso echanileyo



TVT

LUHLOBO OLUTHILE LWESIFO.

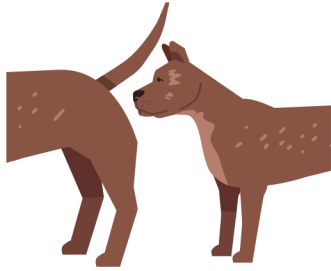
LUHLOBO LOMHLAZA.

LUHLOBO OLUTHILE LWEFIVA.



12

iTVT isulela kanjani ezinjani?



iTVT ISULELA XA INJA INUKISA ENYE EZIMPUNDU.



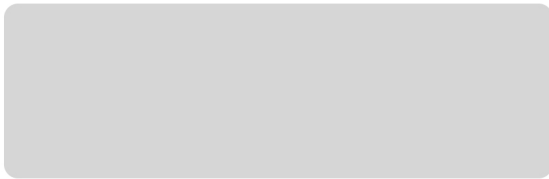
iTVT IZIFIHLA ENGCENI ENDE IBE SEYIXHUMELA IZINJA EZIDLULA NGENDLELA.



IZINJA ZIFUMANA iTVT NGOKULALANA.

13

Cacisa ukuba iTVT ingakhuselwa kwaye inyangwe kanjani.



UKUKHUSELA



UNYANGO

14

True or false?



YIGCINE KUDE KUNEZINYE IZINJA INJA YAKHO ELI THUBA ISAFUMANA UNYANGO.

TRUE

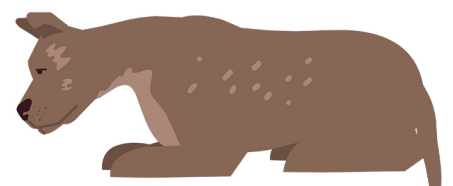
FALSE



KUFUNeka KUVALWE INZALA KWIZINJA EZINGAMANTOMBAZANE KUPHELA.

TRUE

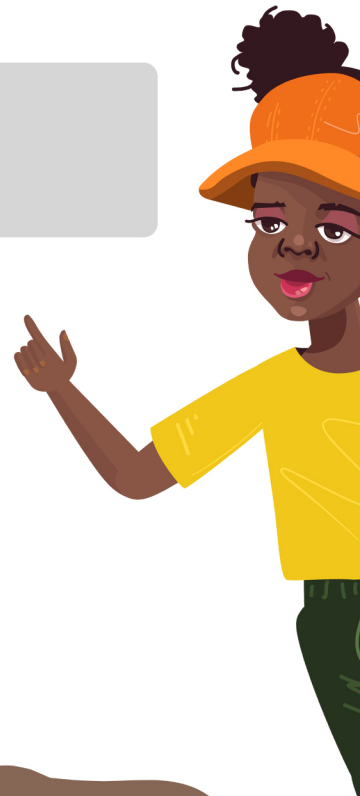
FALSE



ITVT IZAKUKHULA XA INGAFUMANI UNYANGO KWAYE INOKUYIBULALA INJA YAKHO.

TRUE

FALSE



15

Chaza izinto omele uzenze xa inja yakho igula kodwa ungakwazi ukuyisa kwiklinikhi yezilwanyana.

a

b

c



16

Yinyaniso okanye bubuxoki?



INOCULATIONS NOVALO-NZALA KUZOYIKHUSELA INJA YAKHO KWIZIFO.

YINYANISO

BUBUXOKI

WENZE KAKUHFLE!
Uphendule ezingaphi kakuhle?



Umsebenzi we SIDEWALK SPECIALS

nombulelo okhethekile kwi WILD AT HEART no France-Hayhurst Foundation

Ukuze ufumane ulwazi olungakumbi vakatshela u :www.sidewalkspecials.org/education

