

GO TLHALOGANYA MALWETSE

E rulaganyeditswe go dirisiwa gammogo le dividio tse di rutang tse di kgonang go laisololwa tse di mo webosaeteng ya www.sidewalkspecials.org/education.

1

Ke eng se o tshwanetseng go se dira ka bonako fela fa o bona ntša ya gago e na le dikgofa kgotsa matsetse kgotsa go wa boboa?



E ISE KWA TLILINIKING YA
DIPHLOGOLO NTLE LE GO
DIA NAKO.



LETA BEKE E LE NNGWE
KGOTSA DI LE PEDI GO BONA
GORE A E NNA BOTOKA.



BOFELELA BALUNE MO
MOLALENG WA YONE GO
TSHOSA DIPHARASAETE GORE
DI SE KA TSA E TSENA.

2

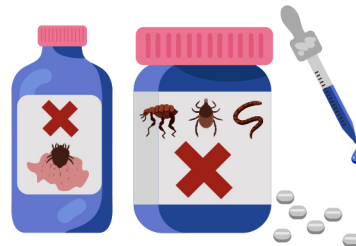
Boammaaruri kgotsa Maaka?



GO TSHELA ALOE VERA MO METSING
A A NOWANG KE NTŠA YA GAGO
GO TLA BOLAYA DIPHARASAETE,
MME NTŠA E NNE LE LETLALO
LE LENTLE.

BOAMMAARURI

MAAKA



O TSHWANETSE GO TSAYA MOLEMO O
O SIAMENG KWA TLILINIKING YA
DIPHLOGOLO GO BOLAYA
DIPHARASAETE LE GO ALAFA
BOTHATA JWA BOBOA JO BO WANG.

BOAMMAARURI

MAAKA



GO TSHASA LETLALO LA NTŠA YA
GAGO KA OLI YA KOLOI GO
TLA ALAFA MATHATA OTLHE A LETLALO.
TSHEKELETSA MATSHWAO A A MALEBA
A LETSHOROMA LE LE BAKIWANG
KE GO LOMIWA KE KGOFA.

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MAAKA

3

Tshekeletsa matshwao a a maleba a Letshoroma le
le Bakiwang ke go Lomiwa ke Kgofa.



O TLA BONA DIKGOFA MO
LETALONG LA NTŠA YA GAGO LE
MO DITSEBENG TSA YONE.



NTŠA YA GAGO GA E NA GO
BATLA GO JA GAPE E TLA NNA
E LEPELETSE FELA.



MOROTO WA NTŠA YA GAGO
O TLA NNA MMALA WA
BOTALA JWA TLHAGA.



4

O ka tihomamisa jang gore ntša ya gago ga e nne le diboko?



BOFELELA LETHARE LE LE FORESHE MO MOGATLENG WA NTŠA YA GAGO GO LELEKA DIBOKO DIPE FELA.

NTSHA DIBOKO MO NTŠENG YA GAGO KA GO E NAYA DIPILISI TSE O DI TSERENG KWA NGAKEG YA DIPHOLOGOLO

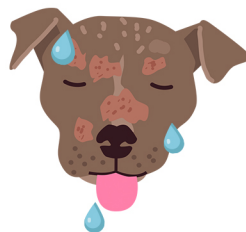
PHEPAFATSA MO DINTŠA TSA GAGO DI NNANG TENG TSATSI LE LETSATS.

5

Thekeletsa lebaka la boamaaruri la gobo bolwetse jwa Lekgwaphe bo dira gore dintša di we boboa. O bo o bo golaganya le kalafi ya jone.



LEKGWAPHE KE PHARASAETE E E NNYE E E NNANG MO LETLALONG MME E A LE JA.



LEKGWAPHE KE FA NTŠA E INGWAYA MO LETLALONG GO ITSIDIFATSA.



LEKGWAPHE KE FA BOBOA JWA NTŠA BO WA KA LEBAKA LA DIALEJI.

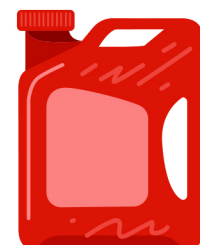
PHEPAFATSA NTLWANA YA NTŠA YA GAGO KA BOTLALO.



TSAYA DIPILISI TSE DI TSHWANETSENG, MOLEMO O O METSI KGOTSA SESEPA SA SHAMPOO KWA TLILINIKING YA DIPHOLOGOLO.



TSHASA OLI YA KOLOI MO LETLALONG GO LE SIRELETSA LE GO LE SOLA.



6

Tshekeletsa tsela e e siameng thata ya go sireletsa ntša ya gago gore e se ka ya tsenwa ke malwetse.



NNA O GOLEGILE NTŠA YA GAGO KA KETANE KWA GAE.



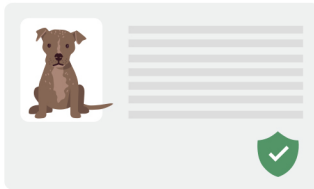
TLHAPISA NTŠA YA GAGO TSATSI LE LETSATSI KA SESEPA.



TLHOMAMISA GORE O NNA MO NAKONG KA MEENTO E E SIRELETSANG MO MALWETSENG.

7

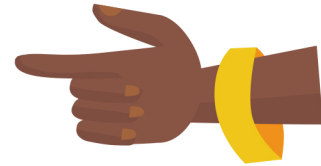
O dira jang gore o nne o itse gore ntša ya gago e tshwanetse go ya go entelwa go sirelediwa mo malwetseng?



TLHOMAMISA GORE O NNA O BOLOKILE LE GO NTŠHAFATSA KARATA YA NGAKA YA DIPHOLOGOLO YA NTŠA YA GAGO.



TSHWAYA MO KHALENTARENG YA GAGO GORE O SE KA WA LEBALA.



DI DIRE KA BOBEDI.

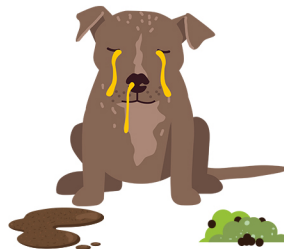
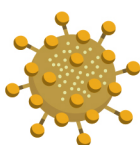
8

Golaganya matshwao a bolwetse le bolwetse jo bo tsamaisanang le one fa tlase.



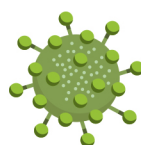
LE LETHARGIC GO LATLHEGELWA KE TAKATSO YA DIJO MADI GOLESWE LA KWA NTLWANENG GOTLHATSA

LE DISTEMPER



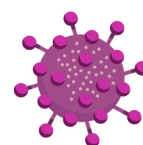
GO GOTLHOLA GO IDIBALA MAMINA GOTLHATSA LETSHOLOLO

LE PARVOVIRUS



BOLWETSE GO TSWA DITETE DINTHO

LE RABIES



9

Fa ntša ya gago e na le kokwana jwa Parvovirus, kokwana eo e tshela nako e e kana kang mme o nna nako e kae o sena ntša mo patlelong ya gago?

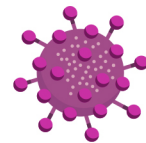
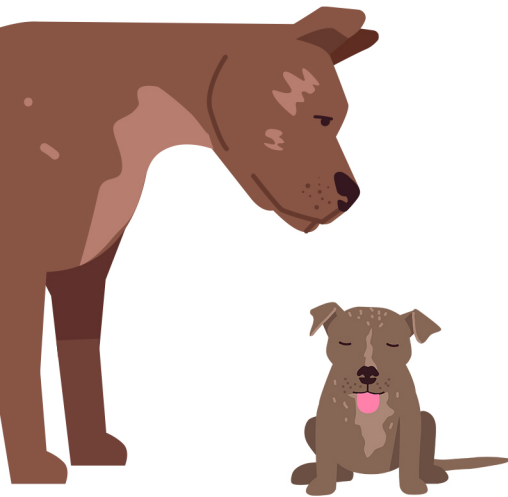
DIKGWEDI DI
LE PEDI

MALATSI A
LE MARARO

DIKGWEDI DI
LE THATARO

10

Boammaaruri kgotsa Maaka?



GO SIAME FA DINTŠA TSE DINGWE
DI ETELA NTŠA YA GAGO FA E LWALA.

FA E LE GORE NTŠA YA GAGO E A LWALA,
BOLELELA MOGOLO YO O NANG
LE BOIKARABELO KA YONE NAKO EO.

RABISI KE BOLWETSE JO BO KOTSI
MO BATHONG GAMMOGO
LE MO DINTŠENG.

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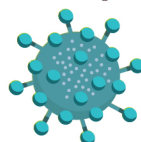
MAAKA

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11

Golaganya TVT (Transmissible Venereal Tumor) le tthaloso
ya yone e e nepagetseng.



TVT

KE MOFUTA WA TSHWAETSO

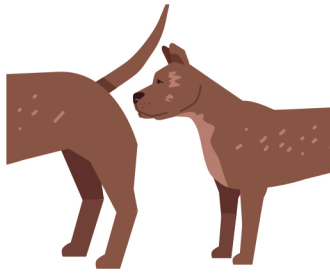
KE MOFUTA WA KANKERE

KE MOFUTA WA LETSHOROMA.



12

Dintša di tshwaetsana ka di-TVT jang?



DI-TVT DI TSENA DINTŠA KA GORE
DI NKGE MARAGO A TSE DINGWE.



DI-TVT DI IPHITLHA MO BOJANNYENG JO
BOLEELE DI BO DI TLOLELA MO
DINTŠENG TSE DI FETANG FA GO JONE.



DI-TVT DI TSENA MO DINTŠENG
FA DI GWELANA.

13

Tlhalosa kafa Di-TVT di ka thibelwang ka teng le go fodisiwa.



Go fagola ntša ya gago go tla e thibela
go gwelwa kgotsa go gwela tse
dingwe le gore e se ka ya nna mo
kotsing ya go tsenwa ke di-TVT.

THIBELO



Ntša e e nang le TVT e tshwanetse go
alafiwa ka kalafi ya khimo e
e bonwang kwa tlilinking ya
diphologolo go alafa kankere.

KALAFI

14

Boammaaruri kgotsa Maaka?



TSHWARA NTŠA YA GAGO GORE E SE KA YA
KOPANA LE DINTŠA TSE DINGWE FA
DI NTSE DI ALAFIWA.

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GO BOTLHOKWA GO FAGOLA
DINTŠA TSE DI NAMAGADI GORE
DI SE KA TSA TSENWA KE DI-TVT.

BOAMMAARURI

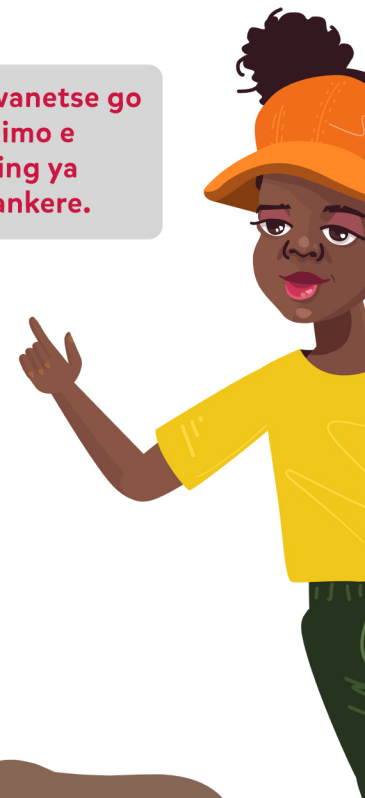
MAAKA



DI-TVT DI A GOLA FA DI SA ALAFIWA
GAPE DI KA BOLAYA NTŠA YA GAGO.

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15

Bolela dilo tse o tshwanetseng go di dira fa o akanya gore ntša ya gago e a lwala, mme o sa kgone go e isa kwa tlilining ya diphologolo ka yone nako eo.

- a Tlhomamisa gore e na le lefelo le le bothitho le e kgonang go ikhutsa mo go lone.
- b Tlhomamisa gore e nwa metsi a mantsi.
- c Tlhomamisa gore sekotlolo sa yone sa dijo se gaufi le yone.



16

Boammaaruri kgotsa Maaka?



GO ENTIWA MEENTO YA GO THIBELA MALWETSE LE GO FAGOLWA GO TLA SIRELETSA NTŠA YA GAGO GORE E SE KA YA TSENWA KE MALWETSE.

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O DIRILE SENTLE!

O arabile di le kae sentle?



Porojeke ya SIDEWALK SPECIALS

e go lebogiwang WILD AT HEART le France-Hayhurst Foundation ka tsela e e kgethegileng.

Go bona didiriswa tse dingwe tsa thuto tsena mo webosaeteng ya www.sidewalkspecials.org/education